

# SCHOOL MENU



# Lunch Menu January 2026



Monday

5 Jan

Wednesday

6 Jan

7 Jan

Fun Thursday

8 Jan

9 Jan

Appetizer	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dish A	Spanish Beef Stew 	Slow-Cooked Roasted Pork light 'Persillade' 	Roasted Chicken Tigh with Thyme Gravy Sauce 	'Saucisses au Chou' 	Tuna in Creamy Spinach & Kale Sauce Sustainable Dish
Dish B	Italian Bean Stew 	Ratatouille	Broccoli & Cheese Frittata 	Veggie Sausage 	Mushroom Stroganoff 
Vegetables	Savoy Cabbage	Steamed Broccoli	Mixed Vegetables	Braised Cabbage 	Roasted Peppers
Starch	Rice	Tomato Pasta	Couscous	Potato Wedges	Pasta
Dish C	Vietnamese Pho	Vietnamese Pho	Vietnamese Pho	Vietnamese Pho	Vietnamese Pho
Dairy	Cheese 	Yogurt 	Cheese 	Yogurt 	Ice Cream 
Dessert	Apple	Quatre Quart Cake 	Fruit Compote	Fruit Salad	Orange Slice

\* Ice cream can be substituted with plain yogurt upon request.



Eat More  
適量

Vegetarian  
素食

Eat Moderately  
限量

Sustainable  
Seafood  
可持續海鮮

Eat Less  
少量

- Egg Alert 含蛋類
- Fish Alert 含魚類
- Dairy Alert 含奶類
- Shellfish Alert 含貝殼類海鮮
- Soy Alert 含大豆
- Gluten Alert 含麩質



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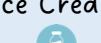


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# Lunch Menu January 2026

Monday		Tuesday		Wednesday		Fun Thursday		Friday	
12 Jan		13 Jan		14 Jan		15 Jan		16 Jan	
Appetizer	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Samosa	Vegetables
Dish A	Chicken Primavera Sauce 	Cuban Mojo Pork Loin 	Baked Fish with Herb Crust 	Cheeseburger 	Cajun Roasted Chicken 				
Dish B ✓	Roast Cauliflower & Chickpea Korma 	Spinach, Okra, Tomato Cheese Lasagna 	Shakshuka - Baked Egg with Tomato Sauce 	Veggie Burger 	Stir-fried Vegetarian Ham with Four Season Bean 				
Vegetables ✓	Green Bean	Cabbage	Roasted Vegetables	Chef's Salad	Roasted Mushroom				
Starch ✓	Rice	Roasted Potatoes	Pasta	French fries	Pilaf Rice				
Dish C	Vietnamese Pho	Vietnamese Pho	Vietnamese Pho	Vietnamese Pho	Vietnamese Pho	Vietnamese Pho			
Dairy	Yogurt 	Cheese 	Yogurt 	Cheese 	Ice Cream 				
Dessert	Pear	Daily Cake   	Apple Beignet   	Fruit Salad	Honeydew Melon				

\*Ice cream can be substituted with plain yogurt upon request.



Eat More  
適量  
Eat Moderately  
限量  
Eat Less  
少量

Vegetarian  
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Sustainable Seafood  
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# Lunch Menu January 2026



Monday		Tuesday		Wednesday	
19 Jan		20 Jan		21 Jan	
Appetizer	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dish A	Italian Chicken Topped with Tomato Sauce & Mozzarella Cheese 	Fish Arrabiata 	Grilled Lemon Chicken Steak 	Meat Lover Pizza 	Classic Pork and Vegetable Stew
Dish B	Grilled Zucchini Carbonara 	Indian Sweet Potato Light Curry 	Vegetarian Moussaka (Eggplant & Lentil Casserole) 	Margarita Pizza 	Carrot, Long Bean, Egg Fritters 
Vegetables	Cabbage	Roasted Peppers	Grilled Tomato "Persillade"	Mixed Cabbage Thousand Island	Carrots, Potatoes and Corn
Starch	Pasta	Rice	Couscous	-	Rice
Dish C	HK Cart Noodle	HK Cart Noodle	HK Cart Noodle	HK Cart Noodle	HK Cart Noodle
Dairy	Yogurt 	Cheese 	Yogurt 	Cheese 	Ice Cream 
Dessert	Pear	Coconut Cake 	Fruit Compote	Fruits Salad	Seasonal Fruit Slice

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# Lunch Menu

Green  
MONDAY

26 Jan

Appetizer

Salad Bar

Tuesday

27 Jan

Salad Bar

Wednesday

28 Jan

Siu Mai    

Fun Thursday

29 Jan

Salad Bar

Friday

30 Jan

Salad Bar

Dish A	Nut-free Calabrese Pesto Pasta 	Creamy Pork Stew with Vegetables   	BBQ Roasted Chicken Tigh   	Ham Gruyere Mac & Cheese   	New Orleans Fish   Sustainable Dish
Dish B 	Wild Mushroom Ragu   	Lentil, Okra & Potato Stew    Sustainable Dish	Stir-fried Cauliflower, Carrot, Baby Corn & Tofu  	French Onion Mac & Cheese   	Pasta Baked with Corn & Spinach   
Vegetables 	Mixed Vegetables	Tomato Concassé	Cabbage	Green Peas	Coleslaw 
Starch 	Pasta	Rice	Roasted Potatoes	-	Mashed Potato
Dish C	HK Cart Noodle	HK Cart Noodle	HK Cart Noodle	HK Cart Noodle	HK Cart Noodle
Dairy	Yogurt 	Cheese 	Yogurt 	Cheese 	Ice Cream 
Dessert	Apple	Banana Cake   	Fruit Salad	Mini Donut   	Watermelon

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# Lunch Menu February 2026



2 Feb

Tuesday

3 Feb

Wednesday

4 Feb



5 Feb

Friday

6 Feb

Appetizer	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dish A	Grilled Chicken Breast & Tomato Sauce	Roasted Pork light Mustard  	Roasted Paprika-Lemon Chicken 	Beef Lasagna   	Chicken Fricassee in Creamy Mushroom  
Dish B	Vegetarian 'Pot-au-feu'	Classic Falafel   	Stir-fried Rice Vermicelli with Bak Choy, Broccoli, Carrot 	Broccoli & Cheddar Lasagna   	Vegetarian Meatball in Tomato Sauce  
Vegetables	Broccoli	Tomato Concassé	Cabbage	Coleslaw  	Cabbage
Starch	Pasta	Mashed Potatoes	Rice	-	Pilaf Rice
Dish C	Japanese Ramen	Japanese Ramen	Japanese Ramen	Japanese Ramen	Japanese Ramen
Dairy	Yogurt 	Cheese 	Yogurt 	Cheese 	Ice Cream 
Dessert	Crepe du sucre   	Apple	Daily Cake   	Fruit Salad	Orange

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# Lunch Menu February 2026

Plant  
Forward  
9 Feb

Tuesday

10 Feb

Wednesday CNY

11 Feb

Fun Thursday  
12 Feb

Friday

13 Feb

Appetizer	Salad Bar	Salad Bar	Spring Rolls	Salad Bar	Salad Bar
Dish A	Diced Pork Loin with Vegetables in Mustard Gravy 	Chicken Alfredo 	Pork Char-Siu 	Chicken Nugget 	Steamed Fish Fillet with Light Lemon Butter Tomato Sauce 
Dish B ✓	Creamy Mushroom & Spinach Stew 	Korean Vegetables Egg Fritters Sustainable Dish	Veg Pork Char-Siu & Tofu 	Veggie Nugget 	Carrot, French Beans, and Black-Eyed Peas Casserole Sustainable Dish
Vegetables ✓	Grilled Zucchini	Cauliflower	Broccoli	Mexican Corn Salad	Seasonal Steamed Vegetables
Starch ✓	Mashed Potato	Pasta	Mixed Rice with carrots, Scrambled eggs 	Fries	Rice
Dish C	Japanese Ramen	Japanese Ramen	-	Japanese Ramen	Japanese Ramen
Dairy	Yogurt 	Cheese 	Tofu Pudding	Cheese 	Ice Cream 
Dessert	Apple	Pineapple Cake	Egg Tart 	Fruit Salad	Orange slices

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適量  
Eat Moderately  
限量  
Eat Less  
少量

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素食  
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# Lunch Menu February 2026

	Monday 16 Feb	Tuesday 17 Feb	Wednesday 18 Feb	Thursday 19 Feb	Friday 20 Feb
Appetizer					
Dish A	School Holiday	Chinese New Year Break	Chinese New Year Break	Chinese New Year Break	School Holiday
Dish B					
Vegetables	✓				
Starch	!				
Dairy					
Dessert					



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# Lunch Menu March 2026

Monday 23 Feb		Tuesday 24 Feb		Wednesday 25 Feb		Thursday 26 Feb		Friday 27 Feb	
Appetizer	Salad Bar	Samosa	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dish A	Korean Light Beef Bulgogi	Tandoori Fish Fillet	Hawaiian Tomato Pork Chop	Japanese Fried Chicken (Karaage)	Pork Stew with Sweet Corn				
Dish B	Mixed Vegetables in Non-Spicy Green Curry	Vegetarian Aloo Gobi	Japanese Style Stir-fried Udon Mix Vegetables & Shredded Egg	Veggie Nugget	Mushroom Stroganoff				
Vegetables	Cabbage Salad	Carrot, Celery	Roasted Cherry Tomatoes	Chef Salad	Bak Choy				
Starch	Rice	Steamed Potato	Noodle	Tomato Pasta	Rice				
Dish C	Japanese Ramen	Japanese Ramen	Japanese Ramen	Japanese Ramen	Japanese Ramen				
Dairy	Yogurt	Cheese	Yogurt	Cheese	Ice Cream				
Dessert	Apple	Daily Cake	Pancakes	Fruit Salad	Seasonal Fruit Slice				

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# Lunch Menu March 2026

Monday		Tuesday		Wednesday		Fun Thursday		Friday	
2 Mar		3 Mar		4 Mar		5 Mar		6 Mar	
Appetizer	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Fish Ball	
Dish A	Spaghetti Carbonara 	Roasted Provencal Pork & Gravy		Baked Fish with Herb Crust  Sustainable Dish		Pork Sausage Cheeseburger 		Cajun Roasted Chicken 	
Dish B	Mushroom Bolognese 	Veggie Meatballs 		Shakshuka - Baked Egg with Spiced Tomato Sauce and Vegetables 		Roasted Eggplant & Cheddar Burger 		Stir-fried Vegetarian Ham with Four Season Bean & Mushroom 	
Vegetables	Broccoli	Seasonal vegetable		Steamed Green Beans		Chef Salad		Zucchini	
Starch	Spaghetti 	Crushed Butter Potato		Steamed Rice		French Fries		Mashed Potato	
Dish C	Chinese Noodle	Chinese Noodle		Chinese Noodle		Chinese Noodle		Chinese Noodle	
Dairy	Yogurt 	Cheese 		Yogurt 		Cheese 		Ice Cream* 	
Dessert	Apple	Daily Cake 		Peach & Apple Compote		Fruit Salad		Orange slices	

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Gluten Alert  
含麩質

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# Lunch Menu March 2026



9 Mar

Appetizer		Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Dish A	Mexican Shredded Pork with Mixed Vegetables <small>Sustainable Dish</small>	Creamy Chicken Arrabiata  	Beef Ragu 	Chicken & Mushroom Pizza   	Banger and Mash   <small>Sustainable Dish</small>	
Dish B	Shanghai Fried Noodle with Dried Tofu  	Roasted Cherry Tomatoes Arrabiata (Garlic, Red Chili Peppers) 	Indian Sweet Potato Curry  	Cheesy Vegetables Pizza    	Carrot Egg Fritters    	
Vegetables	Broccoli	Roasted Zucchini & Bell Peppers	Vichy Carrot	Mixed Cabbage Thousand Island  	Long Beans	
Starch	Roasted Potatoes	Pasta 	Rice	Grilled Sweet Corn	Mashed Potatoes	
Dish C	Chinese Noodle	Chinese Noodle	Chinese Noodle	Chinese Noodle	Chinese Noodle	Chinese Noodle
Dairy	Yogurt 	Cheese 	Yogurt 	Cheese 	Ice Cream 	
Dessert	Apple	Daily Cake   	Waffle   	Fruits Salad	Banana	

\* Ice cream can be substituted with plain yogurt upon request.



Eat More  
適量  
Eat Moderately  
限量  
Eat Less  
少量

Vegetarian  
素食  
Sustainable Seafood  
可持續海鮮

- Egg Alert  
含蛋類
- Fish Alert  
含魚類
- Dairy Alert  
含奶類
- Shellfish Alert  
含貝殼類海鮮
- Soy Alert  
含大豆
- Gluten Alert  
含麩質



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# Lunch Menu March 2026



Monday 16 Mar		Tuesday 17 Mar		Wednesday 18 Mar		Thursday 19 Mar		Friday 20 Mar		
Appetizer		Salad Bar		Salad Bar		Salad Bar		Salad Bar		
Dish A	Creamy Chicken Stew 		Light Garlic Pork Rib 		Chicken Basquaise 		Ham Gruyere Mac & Cheese 		Fish Meunière   Sustainable Dish	
Dish B	Steamed Egg with Shitake Mushroom, Vermicelli  		Mixed Vegetables Bolognese 		Cauliflowers & Chick Peas Gratin 		French Onion Mac & Cheese 		Pasta Baked with Corn & Spinach 	
Vegetables	Corn, Carrot, Zucchini		Steamed Broccoli		Roasted Bell Peppers		Coleslaw 		Carrot Vichy	
Starch	Rice		Roasted Potato & Herbs		Couscous		-		Steamed Potato	
Dish C	Southeast Asian Noodle		Southeast Asian Noodle		Southeast Asian Noodle		Southeast Asian Noodle		Southeast Asian Noodle	
Dairy	Yogurt 		Cheese 		Yogurt 		Cheese 		Ice Cream 	
Dessert	Pear		Daily Cake 		Clafouti 		Fruit Salad		Seasonal Fruit Slice	

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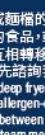
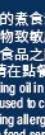
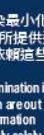
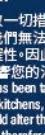
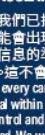
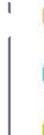
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# Lunch Menu March 2026

Monday 23 Mar		Tuesday 24 Mar		GLOBAL Eats! 25 Mar		Fun Thursday 26 Mar		Friday 27 Mar	
Appetizer	Salad Bar	Salad Bar		Takoyaki Octopus Ball		Easter Egg Quich		Spring Roll	
Dish A	Thai Chicken Light Coconut Curry  	slow cook Duck Breast		Japanese Teriyaki Pork    	Classic Hot Dog    	Oven-Baked Fish with Light Cream Sauce    			
Dish B	Tofu & Vegetable Light Coconut Curry   	Light Cajun Cauliflower Stew  		Carrot Leek & Potato 'Pot au Feu'    	Meatball Hot Dog    	Broccoli & Cheese Gratin   			
Vegetables	Seasonal Vegetable	Roasted Tomato		Stir Fried Zucchini	Mixed Cabbage Thousand Island  	Steamed Cauliflower			
Starch	Rice	Steamed Potato		Rice	French Fries	Couscous  			
Dish C	Southeast Asian Noodle	Southeast Asian Noodle		Southeast Asian Noodle	Southeast Asian Noodle	Southeast Asian Noodle			
Dairy	Yogurt 	Cheese 		Yogurt 	Cheese 	Ice Cream 			
Dessert	Apple	Daily Cake   		Banana	Fruits Salad	Seasonal Fruit Slice			

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# Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
30 Mar	31 Mar	1 Apr	2 Apr	3 Apr
School Holiday	School Holiday	School Holiday	School Holiday	Easter Break
Monday	Tuesday	Wednesday	Thursday	Friday
6 Apr	7 Apr	8 Apr	9 Apr	10 Apr
Easter Break	Easter Break	School Holiday	School Holiday	School Holiday



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