

# Choose Kind

An anti-bullying talk

## Choose Kind An anti-bullying talk

01/04/2019 – from 6.15pm to 8.30pm



Ouvert à tous les parents et aux élèves du Secondaire. Conférence en anglais.  
Open to all parents and Secondary students. The conference will be in English.

Jardine's Lookout Auditorium  
34 Price Road, Jardine's Lookout  
Entrée libre/Free entry

**Don't forget to sign up!**

[www.fis.edu.hk](http://www.fis.edu.hk) | [facebook.com/HKFIS](https://www.facebook.com/HKFIS)

## Resources:

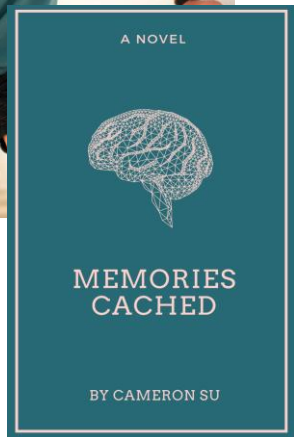
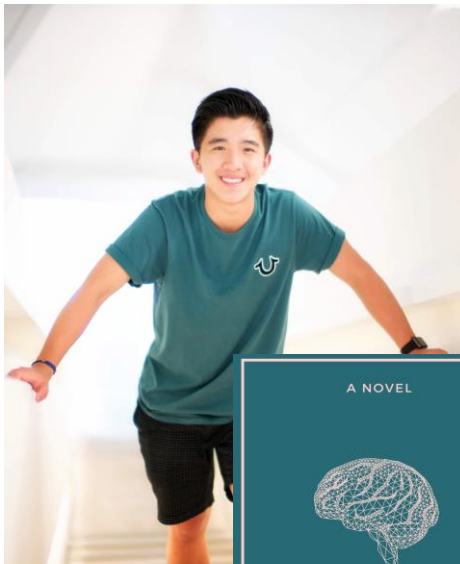
- Mind HK <https://www.mind.org.hk>
- Reach out <https://schools.au.reachout.com/bullying>

Use your **WITS**©: Walk away, Ignore, Talk it out, Seek help

- Mr Cameron Su and Ms Michele Lai (6:20-7pm)
- Ms Sue Thomas (7:05-7:45pm)
- Ms Rachel Leonard & Ms Mélissa Bartoli - FIS actions et présentation d'un documentaire sur le climat scolaire (7:50-8:10pm)
- Q&A (8:15-8:30pm)

## Mr. Cameron Su - HKIS

Act!on for a Cause 2018 Winner  
(Kids4kids) – Memories Cached



*Imagine you live in fear of an intrusion into your physical space, compounded by ostracism exacted by your peers*

*And your psyche suffers further onslaughts on social media platforms*

*Such are the risks Millennials face*



## Ms. Michele Lai - Kids4Kids

Kids4Kids is a Hong Kong based registered non-profit started in 2008 to inspire young people to take action and make a positive social impact.

Kids4Kids aims to develop social awareness and responsibility by providing platforms that empower kids to enact positive change in their community.

<https://www.youtube.com/watch?v=TLbIMA TQ7OA>.

## Ms. Sue Thomas (B.Ed. Hons)

She has more than 32 years teaching experience in Secondary schools in HK, Australia, Malaysia and the UK.

During the past 15 years in HK, Sue has been Vice Principal in two international schools and **co-leader of Positive Education at Discovery College**.

Sue was instrumental in the creation of the DC Wellbeing Programme in Secondary. This work then helped direct DC to become the **first Visible Wellbeing School in Asia**.

Sue is now **launching her new company, 'Positive RB'**, to share her knowledge and understanding of Restorative Practices, Positive Education, Wellbeing Programmes and the practicalities of implementing this in schools, organisations and with-in the home.



## Our FIS team



### **Rachel Leonard:**

Deputy Head of Secondary,  
International Stream, Y7-9 &  
French Teacher

### **Melissa Bartoli:**

Coordinatrice socio-éducative

# Q&A



## ★ CHOOSE KIND!

- The Bully, short film, created by 12-year-old Jonah Maxwell

<https://www.youtube.com/watch?v=2InkWRc1zww&feature=youtu.be>

- Resources: **Mind HK** and **Reach out**
- Documentaires en français:

- “Souffre-douleurs, ils se manifestent“:

<https://vimeo.com/128879936>

- “L’enfer, il est dans ma classe“:

<https://www.aximee.fr/harcelementscolaire>

“If you, or someone you know, are having suicidal thoughts, help is available. For Hong Kong, dial +852 2896 0000 for The Samaritans or +852 2382 0000 for Suicide Prevention